

Special Dietary Needs

Grove City College seeks to support students with unique and specific dietary needs through a variety of options in the dining halls and/or through dietary accommodations for students with disabilities.

Questions regarding this information can be directed to –

Parkhurst Dining: Please contact Parkhurst@gcc.edu for questions regarding current food options, labeling, or preparation information.

Disability Services Office: Disability Services staff at DisabilityServices@gcc.edu for questions regarding the accommodation process or currently approved accommodations. Students can complete the our [online application to request dietary accommodations](#).

Inspired Eats

Students can find Inspired Eats stations in both Hicks and MAP dining halls. These stations are open to all students and offer foods made without the major nine allergens, which include the following: These stations offer food prepared without the major nine allergens. However, because some items are prepared in a shared kitchen, there is still a chance of cross contamination. The Inspired Eats station in Hicks Dining Hall has been moved to a location where most food preparation occurs at the station, which helps reduce the risk of cross contamination. Hicks also has a station with gluten-friendly bread and snacks available.



Labeling

Parkhurst Dining also has a robust labeling system, and many common allergens will have a symbol on the label indicating their presence (see list above). Allergen icons will also be displayed on digital and/or paper menus at the point of service to help students easily identify menu items that contain these common allergens. Gluten-friendly food options will have a label of  GF, so students with a gluten intolerance, sensitivity, or allergy should look for this label when choosing food items.

Additionally, near the cash register in each dining hall, a sign will be posted listing the “**Allergen Specialist**” team member currently on duty who is able to best answer questions relating to special dietary concerns, such as food allergies.

Craveable App

Students can also access ingredient and dietary information through the Craveable app (free to download on Apple or Google Play stores) or the Dining website (grovecitydining.nutrislice.com). Both resources allow students to view weekly menus and filter available options based on their allergens to help identify suitable choices. For a more detailed view, students can select individual food items to review ingredient information and additional dietary details.

Dietary Accommodations

Some medical conditions may qualify as disabilities under the Americans with Disabilities Act (ADA) and require dietary accommodations for equal access to the College’s dining program. Examples include, but are not limited to, severe food allergies, celiac disease, irritable bowel syndrome, or gastroparesis. Disability Services will work with the College’s food services provider to review the student’s needs and determine reasonable accommodations.

Students requesting dietary accommodations should complete the [application to request accommodations](#). Documentation supports the ADA interactive process by helping Disability Services understand the request and determine what may be reasonable and appropriate. Students may upload documentation with the application or email it to DisabilityServices@gcc.edu. Documentation guidelines are available on the [GCC website](#).

After submitting the request, the student will meet with the special diet team, which may include Disability Services and/or Parkhurst Dining, to discuss their request. Requests are reviewed individually based on disability-related access needs and are not approved solely for personal preference or convenience.

Special Diet Program Accommodation

Students with severe food allergies and/or complex dietary-related disabilities may request reasonable dietary accommodations when their needs cannot be met by using the dining hall’s existing supports. If a dietary accommodation is approved, students are expected to communicate directly with the special diet team and use Parkhurst’s Craveable app to help plan meals that meet their approved dietary needs.

Housing Accommodation

If a student’s dietary needs cannot be fully supported through help navigating the dining hall or the special diet program, a housing accommodation may be considered. Generally, the student must first meet with the special diet team and/or participate in the special diet program for a **reasonable** period of time before a housing accommodation is considered as an alternative. Availability of a housing accommodation may also depend on the [priority deadlines](#) posted on the GCC website.