

Bio-Health Track – Early Career Development

FRESHMAN

Develop relationships with pre-health faculty, attend meetings and sign up for Pre-Health Society (PHS) communications.
.....

Explore at least two potential careers in medicine, consider your strengths.
.....

Explore health school affiliation agreements held at GCC.
.....

Apply to summer enrichment opportunities within your interests, earning clinical hours in the field.
.....

Take BIOL182 Intro to BioHealth in the spring.

SUMMER 1

Work/volunteer in the field of your choice, prioritize earning clinical hours.
.....

Take summer courses if desired or necessary.
.....

Research health schools of your interest.
.....

Explore possible research opportunities.

SOPHOMORE

Develop relationships with pre-health faculty and your advisors, attend PHS meetings.
.....

Pursue meaningful clinical experience or volunteer work.
.....

Apply to summer enrichment opportunities within your interests, earning clinical hours in the field.
.....

Explore possible research opportunities.

SUMMER 2

Investigate the med school application process, required standardized tests for your field, and fee assistant programs.
.....

Work/volunteer in the field of your choice, prioritize earning clinical hours.
.....

Take summer courses if desired or necessary
.....

Research health schools of your interest.

JUNIOR

Investigate medical schools, and make a timeline so you can submit applications as they open.
.....

Reach out to faculty and mentors to write recommendation letters.
.....

Seek leadership opportunities within PHS.
.....

Register to take the standardized tests for the field of your choice in the spring.
.....

Pursue meaningful clinical experience or volunteer work.

SUMMER 3

Apply for the medical school of your choice.
.....

Register to take the standardized tests for the field of your choice in the summer.
.....

Work/volunteer in the field of your choice, prioritize earning clinical hours, or pursue research.
.....

Take summer courses if desired or necessary.

SENIOR

Ensure IRS and financial aid forms for medical school are submitted as early as possible.
.....

Work/volunteer in the field of your choice, prioritize earning clinical hours, or pursue research.
.....

Graduate from Grove City College on time!

Bio-Health Gap Year Track – Early Career Development

(Freshman and Sophomore years are the same)

JUNIOR

Seek leadership opportunities within pre-health organizations on campus.

Investigate paid or volunteer med experience for gap year.

Investigate medical schools, and consider a timeline so you can submit applications as they open.

Consider faculty and mentors to write recommendations for you.

Serve as a teaching assistant.



SENIOR

Seek leadership opportunities within pre-health organizations on campus.

Continue med school research.

Register to take the standardized tests for the field of your choice, if you have not already.

Serve as a teaching assistant.

Graduate from Grove City College on time!



GAP/BRIDGE YEAR

Seek meaningful employment, education, or experience to fulfill clinical hours for your field of choice.

Reduce credit card and undergraduate debt.

Interview for and tour medical schools before selecting one.

SUMMER 3

Investigate medical schools, and consider a timeline so you can submit applications as they open.

Register to take the standardized tests for the field of your choice.

Work/volunteer in the field of your choice, prioritize earning clinical hours.

Ask for recommendation letters from trusted faculty.



SUMMER 4

Complete med school applications.

Work/volunteer in the field of your choice, prioritize earning clinical hours.

Recommended Courses Outside of General Education Core, Major, and Biology Department to Consider

- Language courses (especially Spanish)
- business management courses
- writing courses
- ethics courses
- psychology courses
- ceramics (improves hand dexterity)
- exercise science courses if interested in PT/OT or chiropractic