

ALLERGY INJECTION GUIDELINES

Zerbe Health and Wellness Center will administer allergy injections to students on maintenance immunotherapy on the written instruction of a private physician who has provided the appropriate solutions.

- **All Students receiving allergy injections are required to make an initial screening appointment with a nurse before injections are given.**
- **Students receiving allergy injections must be evaluated by their allergist each year. We cannot give injections to students who have not been evaluated within the year prior to the start of the academic year.**
- **The student is responsible for providing the health center with the following:**
 - Date and dose of last injection**
 - Vials labeled with name, contents, dilution and expiration date**
 - Guidelines that clearly state the recommended doses, interval of injections, route and site of injections**
 - Instructions for missed/late injections, for new vials, and for reactions**
 - A physician signature authorizing the therapy**
- **Students must bring allergy serum to the health center; serum is not to be mailed.**
- **Allergy injections are given by appointment only, Monday through Thursday. THERE ARE NO WALK-IN ALLERGY APPOINTMENTS.**
- **Allergy injections can only be given when there is a physician, physician assistant, or nurse practitioner present at the health center.**
- **No matter what any previous experience with allergy injections has been, a 20 minute wait in the health center is mandatory due to the possibility of a serious reaction. Some students must wait for 30 minutes, if specified by the prescribing physician. Students leaving before completion of the mandatory waiting period will not be permitted to continue receiving allergy injections.**
- **The student is to notify the nurse during the wait time if swelling or itching at the injection site, nasal congestion, runny nose, sneezing, itching, flushing, hives, facial swelling, wheezing, coughing, shortness of breath, or “pins and needles” sensation of the skin occurs.**
- **Students must have the injection sites checked after the waiting period by a nurse. There are no exceptions. Students who leave before release by the nurse will not be permitted to continue to receive allergy injections.**
- **Students should avoid strenuous exercise for 1 to 2 hours before and after allergy injections.**
- **There is a \$3.00 charge per injection billed to your account at the end of each semester.**

I have read the above information and acknowledge and agree to follow the guidelines.

Name _____ Signature _____ Date _____